


Organisation name	Service type	Restrictions/ areas	Contact
Mental Health			
CRISIS Team - Single Point of Access (Adults 24-hour North East Lincolnshire Mental Health Support line)	Mental health emergencies or immediate response required	Adults	Single Point of Access Tel: 01472 256256 and select option 3 Website: https://navigocare.co.uk/what-we-do/services-z
NAVIGO SafeSpace NAViGO Coffee House on Brighowgate, Grimsby	Safespace is an out-of-hours, open door crisis cafe where you can get instant and practical mental health support. If you're feeling vulnerable in the evenings, you can drop into Safespace and speak to fully- trained mental health professionals who will help you manage your wellbeing. Available Monday – Sunday 5.30pm- 11.30pm (walk in/ telephone/ zoom)	Adults	Single Point of Access Tel: 01472 256256 and select option 3. Website: https://navigocare.co.uk/what-we-do/services-z/safespace
Open Minds - NAVIGO	Open Minds offers a range of therapies aimed at helping you to deal with stress, anxiety or depression.	Young People 16+ / Adults	Tel: (01472) 625100. Email: NAV.OpenMinds@nhs.net To complete a referral online please visit; https://navigocare.co.uk/what-we-do/services-z/open-minds/self-refer-open-minds
Young Minds Matter Freshney Green Primary Care Centre Sorrel Road, Grimsby DN34 4GB	YMM provides emotional wellbeing and mental health service with a focus on prevention, early intervention and building a resilient community for children and young people	Children & Young People	Tel: 01472 252570 Email: lpft.nelymm@nhs.net

Fortis Therapy	Support young people, parents and staff through one-to-one confidential counselling, art and play therapy, and creative interventions.		Tel: 01472 241794 Email: enquiries@fortistherapy.co.uk claire@fortistherapy.co.uk Website: https://fortistherapy.co.uk/
LINCS Counselling Ltd 172 Yarborough Road, Grimsby, DN34 4DN	Qualified therapists who offer person-centered counselling, cognitive behavioral therapy, creative youth therapy and outdoor therapy. One to one sessions provided.	Young People/ Adults	Tel: 01472 564499 Website: www.lincscounselling.co.uk  Lincs Counselling LEaflet.jpg
Compass Go	Work with children and young people on a 1:1 basis offering Cognitive Behavioural Therapy intervention.	Children & Young People	Tel: 01472 494250 Email: nelincsmhst@compass-uk.org Email: compass.go.mhst@nhs.net https://www.compass-uk.org/services/north-east-lincolnshire-mhst/
Open Door	Support available for those with additional needs including people: <ul style="list-style-type: none"> • with Aperger's Syndrome and High Functioning Autism • who are homeless • from all ethnic groups • living with addiction • looking for employment and volunteering opportunities • Student Counselling Services 	Adults	Tel: 01472 722000 Website: https://www.opendoorcare.co.uk/

North East Lincolnshire Mind	Mental health support, Safe Space service 7 days a week	Whole of NEL	All enquiries directed to 01472 349991 or the information line free phone 0800 1380990 www.nelmind.org.uk https://navigocare.co.uk/what-we-do/services-z/safespace
Lincs Line	LincsLine is an out-of-hours service if you need mental health support due to mental ill health.	Adults	Tel: 0808 800 1010
NELC Wellbeing Service	Provide low level mental health support around anxiety/ depression/ healthy eating/ stopping smoking etc	Adults	Tel: 01472 325500 Service Referral link: Wellbeing Service Provider Referral Form - Section 1 - Self service portal (achieveservice.com) Self Referral Link: Wellbeing Service Self Referral Form - Section 1 - Self service portal (achieveservice.com)
Samaritans	Whatever you're going through, you can call or email Samaritans any time for free.	Adults	Tel: 116 123 free from any phone Tel: 0330 094 5717 local call charges apply Email jo@samaritans.org Website: https://www.samaritans.org/branches/grimsby/?gclid=EAlaI QobChMI-53T6NDF9gIVD5ftCh1YwwpEEAAYASAAEgl4evD BwE
Kooth	Kooth is an online mental wellbeing community with free, safe and anonymous support for young people through live chat.	Young People	https://www.kooth.com/





School Nurse Text Service	Offer support around mental health, bullying, self harm, bereavement, alcohol, smoking, healthy eating, contraception, sex & relationships	11yrs-19 yrs	Text: 07507331620
----------------------------------	--	--------------	-------------------


Organisation name	Service type	Restrictions	Contact
Health			
Community Midwife Diana Princess of Wales Hospital, Grimsby,	Provides information, advice and guidance	Pregnancy	Tel: Tel: 0303 330 5232
Sarah Wise, Teenage Pregnancy Diana Princess of Wales Hospital, Grimsby,	Offers support, information, advice and guidance	Teenage Pregnancy	Email: Sarah.wise1@nhs.net
Sexual Health Hub Sterling Street Medical Centre, Sterling St, Grimsby, DN31 3AE	Free sexual health services around contraception/ pregnancy/ STI's/ Health and Wellbeing		Tel: 0300 330 1122 Book an appointment online at; Sexual Health & STI Clinics in and near Grimsby & Scunthorpe Virgin Care (thesexualhealthhub.co.uk)
Health Visiting and School Nurse Service	Offer confidential advice from professionals; toileting, breastfeeding, sleep, behaviour and more	0-11yrs	Website: Enter the location on www.chathealth.nhs.uk Email: HV.SN@nelincs.gov.uk

Organisation name	Service type	Restrictions	Contact
Social Isolation/ Wellbeing Check			
NHS – Better Health	Advice and practical steps that you can take to support your wellbeing and manage your mental health	Anyone	https://www.nhs.uk/every-mind-matters/
Lets Talk Loneliness	Offers a variety of tips, advice and further resources such as chat groups, volunteering one-to-one support	Anyone	https://letstalkloneliness.co.uk/
Hub of Hope	Hub of Hope can be used to find local sources of mental health support and services, both from the NHS and from other organisations	Anyone	https://hubofhope.co.uk/
Alzheimer’s Society NELC	Dementia Advise and support Service Carers Information Support Programme (CrISP)	People with Dementia and Carers	Grimsby Office 01472 359247 Referrals_nelincs@alzheimers.org.uk Dementia Connect Helpline 0333 150 3456
Carers Support Service	Telephone Helpline – emotional support, signposting, referrals, information and advice.	Carers caring for a family member, friend or neighbour who lives in North East Lincolnshire	01472 242277 Info.nel@carerssupportcentre.com www.carerssupportcentre.com

Organisation name	Service type	Restrictions	Contact
Bereavement Support			
St Andrews Hospice/ CRUSE Bereavement	Bereavement support via telephone, zoom, and social distance applicate to the rules	Children, Young People and Adults	NEL Bereavement Support service Monday – Friday 01472 250623 8:30am – 4:30pm Bank holidays – 01472 350908 Email: grimsby@cruse.org.uk To make a referral: hello@standreshospice.com Website; Bereavement support in Grimsby St Andrews Hospice
North East Lincolnshire Bereavement Support Service	Bereavement Support	Children, Young People and Adults	Tel: 01472 324869 Email: bereavementservices@nelincs.gov.uk www.nelincs.gov.uk

Organisation name	Service type	Restrictions	Contact
Domestic Abuse			
Women's Aid (Refuge)	Supported housing accommodation	Those experienced domestic abuse	Tel: 01472 575757 Email: training@womensaidnel.org
Women's Aid Outreach Support	Support such as housing, solicitors, benefits, networking, safety planning and a range of practical support such as bolts, locks, alarms etc.		Website: https://www.womensaidnel.org/contact-us/
Women's Aid Freedom Programme	Programme for those experienced domestic abuse.		Email: freedom@womensaidnel.org Website: https://www.womensaidnel.org/freedom-programme/
Women's Aid Drop in Sessions	Drop In Sessions Available every day/ evening		Mondays 9.30 – 11.30am at Roxton GP Practice, Immingham Tuesdays 1pm – 3pm at our Women's Centre, Grimsby Wednesdays 1pm – 3pm at our Women's Centre, Grimsby Wednesdays 6pm – 8pm at our Women's Centre, Grimsby Thursdays 9.30am – 11.30am at our Women's Centre, Grimsby Fridays 9.30am – 11.30am at our Christmas/Bric-A-Brac shop, Hainton Square, Grimsby Website: https://www.womensaidnel.org/drop-in-sessions/
The Blue Door (Rape CRISIS/ IDVA/ ISVA Service)	A specialist service who provide support to anyone that has experienced domestic abuse and sexual violence in North East Lincolnshire and those who have experienced rape and serious sexual offences in Hull and the East Riding of Yorkshire through a variety of advocacy, outreach workers, groups and programmes.		Helpline: 0800 197 47 87 Office Tel: (01724) 841 947 Email: info@thebluedoor.org Website: https://www.thebluedoor.org Emergency Tel: 999. If you cant speak, press 55 when the operator is on the line to get help

<p>Who's in Charge Programme</p> <p>Respect Young Persons Programme (RYPP)</p>	<p>A 9 week child to parent violence (CPV) programme aimed at parents whose children are being abusive or violent toward them or who appear out of parental control.</p>	<p>8yrs – 18yrs</p> <p>10yrs – 18yrs</p>	<p>Tel: 07769 681025 Email: info@reformda.org</p> <p> Who's%20In%20Charge%20CPVA%20Ref</p>
<p>Re:Form</p>	<p>Re:Form is a domestic abuse prevention programme for men and women who want to take positive steps to address their abusive behaviours in relationships. It consists of 26 group sessions on a weekly basis.</p>	<p>Only delivered in North Lincolnshire</p>	<p>Tel: 07769681025 Email: infor@reformda.org</p> <p> ReForm.docx  ReForm%20Information%20Guidance%20V2.doc  ReForm%20Referral%20Form%20V2.doc</p>
<p>DART (Domestic Abuse Recovery Together) Programme</p>	<p>Through DART children and mothers can talk to each other about domestic abuse, learn to communicate and rebuild their relationship.</p>	<p>Mothers & children aged 7yrs – 14 yrs</p>	<p>Website: Domestic Abuse, Recovering Together (DART) NSPCC Learning</p> <p>Early Help: Programme is delivered by Early Help Families First Practitioners at an EH level and Family Support Workers at CIN/ CP level.</p> <p>Early Help Assessment to be completed by an external agency when requesting for DART.</p> <p>Social workers can only request DART for Early Help Service if it is part of the plan at closure.</p> <p>Option to email kate.shore@nelings.gov.uk to see if DART would be an option prior to closure.</p>

<p>Citizens Advice Domestic Abuse Worker</p>	<p>See website for further information</p>	<p>Those experienced domestic abuse</p>	<p>Tel: 0800 144 8848 Website: https://www.womensaidnel.org/contact-us/</p>
<p>Affordable Justice (Based in Hull however are accessible for any area)</p>	<p>If you cannot get legal aid – this organisation can help with offering substantially reduced legal cost</p>	<p>Women who have experienced domestic abuse</p>	<p>Tel: 01482 711003 Email: www.affordablejustice.co.uk</p>
<p>Safer Homes (Target Hardening Team) 84 Wellington Street, Grimsby, DN32 7DZ</p>	<p>Strengthening the security of a building in the event of attack/ reduce the risk of crime. by replacing locks, installing windows and alarms and putting in measures to reduce the risk of crime.</p>	<p>Refer to website for criteria</p>	<p>Tel: 01472 268708 Website: https://empowersocialenterprise.co.uk/ Complete referral form attached and email to; admin@empowersocialenterprise.co.uk</p> <p> Safer%20Homes%20Referral.docx</p>

Organisation name	Service type	Restrictions	Contact
Alcohol/ Substance Misuse			
We are With You Service 76B Cleethorpe Road Grimsby DN31 3EF	One to one or group support	Adults (18 years+)	Tel: 01472 806890 Email: www.wearewithyou.org.uk Website: https://www.wearewithyou.org.uk/services/north-east-lincolnshire/
NELC Live Well Wellbeing Service	Offer 1:1 support around alcohol use		Tel: 01472 325500 Email: wellbeing@nelincs.gov.uk Website: https://livewell.nelincs.gov.uk/your-wellbeing/wellbeing-service/ Service Referral link: Wellbeing Service Provider Referral Form - Section 1 - Self service portal (achieveservice.com) Self Referral Link: Wellbeing Service Self Referral Form - Section 1 - Self service portal (achieveservice.com)
Alcohol Annoymous	Find an AA meeting near you	Adults	Website: https://www.alcoholics-anonymous.org.uk/
Carers Support The Angel Club	The Angel Club is a specialist group for Carers of people with substance misuse problems. Offer virtual and face to face peer support groups.		Website: https://carerssupportcentre.com/support/substance-misuse/ To book onto a support group visit; https://carerssupportcentre.com/whats-on

Organisation name	Service type	Restrictions	Contact
Housing/ Tenancy Support Services			
Home Improvement Team EQUANS (Housing - Property Conditions) (previously known as Engie)	Housing and/or Tenancy support services - Issues regarding landlord repairs for example no heating / hot water, grants and loans for eligible owner occupiers, and enquires into insulation and energy efficiency grants. Reporting empty residential properties that are open to access.	The whole of NEL – There is a statutory homelessness out of hours service for those in crises.	Tel : 01472 326296, Option 3 homeimprovementteam@nelincs.gov.uk
Women's Aid NEL	Support and housing for victims and survivors of domestic abuse	Those experienced domestic abuse	Tel: 01472 575757 Email: support@womensaidnel.org Website: www.womensaidnel.org/
NELC Home Options Team	Homelessness and housing advice.		Tel: 01427 326296 (Homelessness – option 1)
Harbour Place	Daily drop in to access services to support those who are sleeping rough: <ul style="list-style-type: none"> • Housing • Health • Benefits • Harm Reduction Services 	Vulnerable/ isolated people	Tel: 01472 355234 Website: www.harbourplacegrimsby.org.uk
Salvation Army St. Peter's Avenue Cleethorpes DN35 8QB	Homelessness/ budget and debt advice	Adults	Tel: 01472 346620 Email: grimsby.corps@salvationarmy.org.uk Website: https://www.salvationarmy.org.uk/grimsby


YMCA Humber 21 Freeman Street, Grimsby, DN32 7AB	Supported accommodation for young people/ provides education and training, mental health support and youth activities to young people throughout the Humber area.	Young People	Tel: 01472 403020 Email: info@ymca-humber.com Website: https://www.ymca-humber.com/
The Foyer Orwell Street, Grimsby, DN31 3HB	Supported accommodation for young people/ offer resident activities/ sport activities	Young People 16 – 24 year olds	Tel: 01472 403020 Email: info@ymca-humber.com Website: https://www.ymca-humber.com/what-we-do/supported-accommodation/foyer/
Doorstep Pasture Street, Grimsby, DN32 9EE	Provide housing and support to young people under 25 years old who have a local connection to North East Lincolnshire and are homeless or at risk of homelessness.	Young People under 25 years	Tel: 01472 321444/ 07718 494 660 Email: info@mydoorstep.org.uk Website: http://www.mydoorstep.org.uk/

Organisation name	Service type	Restrictions	Contact
Disabilities/ Learning Needs/ Speech & Language			
Barnardo's SENDIAS 11 Dudley Street GRIMSBY South Humberside DN31 2AW	Advice and support to young people and parents/carers of a child in relation to Special Educational Needs and Disability (SEND) living within North East Lincolnshire	Children & Young People upto 25 years with SEND Parents/ Carers with SEND	Call: 01472 355365 Email: ask@nelsendiass.org.uk Website: NELC SEND Local Offer SENDIASS (nelincs.gov.uk) Facebook Page: Facebook page.
Barnardo's Safe Harbour East Marsh Family Hub, Victor Street, Grimsby, DN32 7QB	Offer 1:1 therapeutic support for children and young people who have been affected by trauma.	5yrs - 25yrs	To make a referral contact; Tel: 07596955328
Children's Disability Service (CDS) Civic Offices, Cleethorpes, DN35 8LN	Offer; NELC Short Break Services, including care in the home, sitters, overnight care Assistants to support in accessing leisure activities, holiday play schemes, Care at home, including sitter services, offer some aids and adaptations	Children & Young People	Tel: 01472 326292 (option 5) Website: Children's disability service - NELC NELC (nelincs.gov.uk)
Linkage	Linkage Children and Families Service provides free information, advice, guidance and support to parents, carers and families of young people with additional needs and learning disabilities, aged 5-18 years old.	Children & Young People ages 5 - 18 years	Tel: 01472 372311 Email: heather.learwood-griffiths@linkage.org.uk Website: Linkage Supporting Specialist Post-16 Education, Care and Employment

<p>NEL Portage Service Knoll Street, Cleethorpes, DN41 8BW</p>	<p>Portage is a home visiting educational service for pre-school children with special educational needs. These may be pre-school children who have learning difficulties, delays in their development and/or physical difficulties. The Portage Team aims to help families by working with them in their home, helping them to meet the needs of their child.</p>	<p>Pre-school children</p>	<p>Tel: 01472 323314 Email: josephine.cooper@nelincs.gov.uk Website: Specialist Advisory Service - Portage (N E Lincs Portage Service) National Portage Association</p>
<p>Young Carers Support Service</p>	<p>Offer peer support groups for young people who have been identified as a young carer</p>	<p>Young Carers (any age)</p>	<p>Tel: 01472 326294 (option 3 then option 2) / 01472 242277 Email: admin.yps@nelincs.gov.uk Website: Young Carers - Carers Support Service (carerssupportcentre.com)</p>
<p>Forseight 60 New market Street, Grimsby, DN32 7SF</p>	<p>Offer learning, training, leisure, sporting and social activities all specifically adapted to meet the needs and requirements of the disability. Also offer information, advice and guidance on benefits, independent living, job search, careers, all aspects of health.</p>	<p>16 years +</p>	<p>Tel: 01472 269666 Email: info@foresight-nelincs.org.uk Website: https://www.foresight-nelincs.org.uk/</p>
<p>Carers Support Service The Old Waterworks Offices 1 Town Hall Square Grimsby DN31 1HY</p>	<p>Offer various activities/ drop in's/ support in applying for PIP</p>	<p>Parent or child carers</p>	<p>Tel: 01472 242277 Website: Home - Carers Support Service (carerssupportcentre.com) Visit website to make a referral</p>

<p>Gravity Red Inspires</p>	<p>Offer a befriending service designed to meet the needs of disabled children/young people and their families. Offer community based activities for children/ families with a variety of needs including children in need, children with behavioural difficulties, learning disability and autism.</p>	<p>Children and families</p>	<p>Tel: 07463616500</p> <p>Email: gravityredinspires@outlook.com</p> <p>Website: Services Gravity Red Inspires</p>
<p>Access Pathway Team</p>	<p>The Access Pathway is the route for children and young people (up to their 18th year), where support has already been accessed and tried, but further multi-disciplinary discussions may be required. This informs any extra intervention or specialist assessments needed, for example Autism Spectrum Disorder (ASD) and Attention Deficit Hyperactivity Disorder (ADHD).</p>	<p>Children/ young people up to 18 yrs</p>	<p>Tel: 01472 323998</p> <p>Email: access-pathway@nelincs.gov.uk</p>



Organisation name	Service type	Restrictions	Contact
Food Banks			
<p>We are ONE Foundation Church Hall, St Andrews, Albion Street, Grimsby, DN32 7DY</p>	<p><u>Food Larder</u> St Andrews Church Hall, 2B Albion Street, GRIMSBY Tuesday & Thursday 11:00am - 2:00pm Closed Thursday 2nd June</p> <p><u>Walk-Through Hot Food Kitchen</u> St Andrews Church Hall, 2B Albion Street, GRIMSBY Tuesday & Saturday 4:00pm - 6:00pm Open as usual Sat 4th June</p> <p>The above services are collection / takeaway ONLY</p>		<p>Tel: 01472 460246</p> <p>Mobile: 07542 962210</p> <p>Email: weareonefoundationuk@outlook.com</p> <p>Refer to website below for opening times/ venues</p> <p>Website: We Are ONE (Outreach North East) Foundation - UK Charity (weareonefoundation.co.uk)</p>
<p>West Marsh Community Centre Food Larder (in partnership with We Are One Foundation)</p> <p>West Marsh Community Centre Beeson Street Grimsby DN31 2QS</p>	<p>Predominantly supporting residents of the West Marsh. Although in specific circumstance can support the wider community of North East Lincolnshire</p>	West Marsh area	<p>Tel: 01472 269230 Open: Wednesday 11am - 2pm</p>
<p>Feed the community (in partnership with We Are One Foundation)</p> <p>St Christophers, Convamore Road, Grimsby</p>	Free food parcel		<p>Monday 11:00am - 2:00pm https://m.facebook.com/feedthecommunitygy/</p> <p>Tel: 07727 260285</p>




<p>Rock Foundation Heneage Road, Grimsby, DN32 9ES</p>	<p>Free food parcels - only for those in receipt of means-tested benefits and households with children who are in poverty. Checks are carried out by Rock Foundation.</p>		<p>Tel: 01472 488026 Email: office@rockfoundation.org.uk Website: https://rockfoundation.org.uk/</p> <p>Holme Hill , Wellington Street DN32 7JX: Monday, Wednesday & Friday 1:00pm - 3:30pm Willow Community Church, Wingate Road DN37 9EL: Tuesdays & Thursdays 1:00pm - 3:30pm</p>
<p>CARE Grimsby Access Point 18 Hainton Avenue, Grimsby, DN32 9BB</p>	<p>Provide food hampers</p>		<p>Tel: 01472 232310 Email: enquiries@carenelincs.co.uk</p>
<p>Oasis Hub, Grimsby Sutcliffe Avenue, Grimsby DN33 1AW</p>	<p>Provide food hampers for families living in South Ward or Oasis school families. Food parcels are free but are aimed at families on low incomes. Parcels need to be collected from the Hub.</p>	<p>South Ward/ Oasis School</p>	<p>Sharon.lines@oasisuk.org or sam.burgess@oasisuk.org 07983298965 Referral Form - https://forms.office.com/r/xNgsNnykK7</p> <p>Open: Tuesday & Friday 10am – 12pm</p>
<p>Care4all Eleanor Centre 21 Eleanor Street, Grimsby DN32 9EA</p>	<p>Care4all operates a Meals on Wheels service which delivers nutritious meals every day, to predominantly older people, in their own homes.</p>		<p>Tel: 01472 472105 Meal on Wheels: 01472 322915 Website: Care4all - Supporting Vulnerable People</p>
<p>CARE Immingham Food Larder</p>	<p>This is for people in food poverty, not to deal with people that are isolating or cannot find adequate food in shops.</p>	<p>Immingham/ surrounding villages</p>	<p>Mon, Wed and Fri 12.00pm till 3.30pm Closed Friday 3rd June Referrals only via this form, can be completed over the phone by calling Elaine, 07419374197</p> <p> CARE Food Larder Referral Form.docx</p>






<p>Echo</p>	<p>Free Food parcels can be ordered and delivered on the same dates. No referrals needed</p> <p>Free Takeaway food/hot drink</p>		<p>Call 01507 824342 or 07577 568740 to order food parcel.</p> <p>Under flyover Cleethorpes Road – Wednesday 12:30 - 1:30pm & Saturday 6:30 - 7:30pm (time may vary slightly) Open as usual</p>
<p>St Peters Food Pantry</p>	<p>Focus on supporting the community of the St Peters Church area</p> <p>Monday – food parcel deliveries (must be pre ordered)</p> <p>Monday – 10am – 12pm Homeless Drop in for a hot drink and food parcel</p>		<p>Food parcel delivery must be booked in advance by:</p> <p>Using the form available on their Facebook page - https://www.facebook.com/St-Peters-Church-Hall-Cleethorpes Or email – stpetersfoodbank6@gmail.com Open as usual Address for drop in: St. Peter's Church Hall St. Peter's Avenue, Cleethorpes DN35 8HP</p>
<p>Grimsby Neighbourhood Centre 289a Weelsby Street Grimsby DN32 7JW</p>	<p>We have free food to give away on Monday mornings from 9:00am for an hour (or maybe more) to any who are in need on the East Marsh.</p>	<p>East Marsh area</p>	<p>Tel: 01472 348129</p>





Organisation name	Service type	Restrictions	Contact
Grants/ Household Items			
Buttle UK	Offer grants of up to £2000 for children/ young people who have experienced a recent crisis/ significant change in their life. They can fund activities and items (furniture). Applications must be made by a support worker.		Website: https://buttleuk.org/
Glasspool Charity Trust	UK-wide charity that provides grants support for people experiencing financial hardship. They provide grants for all types of furniture including flooring. A support worker has to be registered with Glasspool Trust to make the application on behalf of the recipient.		Website: https://www.glasspool.org.uk/ Accept new applications from 11am each Monday. Once we have received as many applications as we can potentially fund for the week, you will not be able to submit any new applications until 11am the following Monday. This will be a Tuesday if Monday is a bank holiday.
BBC Children In Need Emergency Essentials	Our Emergency Essentials programme supports individual children and young people living with severe poverty, a lack of the basic facilities which most of us take for granted and additional pressures such as domestic violence, disability or poor health in the family.		Email: emergencyessentials@familyfundsolutions.co.uk Website: Emergency Essentials - BBC Children in Need
Family Fund	Help vulnerable children/ young who are experiencing a crisis or emergency through their BBC Children In Need Emergency Essentials Fund. Provides essential furniture items.	Children with a disability	Website: https://www.familyfund.org.uk/faqs/how-do-we-apply


<p>Family Action Grants Service</p>	<p>Aims to help prevent an immediate crisis from spiralling and threatening the stability of families with children</p>	<p>Families with children</p>	<p>Website: Family Action's Grants Service: Financial support since 1869 (family-action.org.uk)</p>
<p>Smallwood Trust</p>	<p>Provides support for women living in persistent poverty, classed as being in relative income poverty in the current year and at least two of the three preceding years. They provide funding for “life situations” such as living on a low income and these grants can be used for essential furniture items.</p>	<p>Women</p>	<p>Website: Grants Smallwood Trust</p>




Organisation name	Service type	Restrictions	Contact
Family Support			
NELC Children’s Integrated Front Door (IFD)	<p>NELC’s Children’s Front Door will undertake an initial consideration of the referral that will proceed to one of the following outcomes:</p> <p>Progress to Assessment If the information they gather from the MARF shows clearly that a child is in need or in Need of Protection they will allocate the matter for an Assessment to a qualified statutory Social Worker.</p> <p>Support The Front Door will look at what support can be offered to the lead and the Team Around the Child to de-escalate the concerns through additional support</p> <p>Progress to Locality Early Help Offer If the matter does not meet threshold 4 however a service will be beneficial to meet the needs of the child or family and complex early help is advised, we will pass the referral to the Early Help team to progress and contact the referrer to advise of the next steps.</p> <p>Provision or Information or Advice On some cases that are not allocated, information will be sent to the family with advice for early help services via a single agency.</p>		<p>Tel: 01472 326292 Option 2 (8.30am - 5pm Monday to Thursday 08.30am – 4.30pm Friday)</p> <p>Email: nelcchildrensfrontdoor@nelincs.gov.uk</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  MARF%20NELC%20 2021%20(With%20pr </div> <div style="text-align: center;">  Threshold-of-Need-2 020-Inc-Extra-Fam-Se </div> </div>

<p>LADO Process</p>	<p>It is important that all staff know how to report an allegation of harm by a professional against a child. This is a reminder of the process for all NE Lincs CSC staff.</p> <p>If you have a concern about a professional or volunteer who may have harmed a child or if you need to seek advice about whether the matter meets LADO threshold, the following applies</p> <ol style="list-style-type: none"> 1. Contact LADO at lado@nelincs.gov.uk. This email is always covered by Business Support and the Service Manager for CSRS when the LADO is not available. The LADO should be informed of the allegation within 24 hours. 2. Do not send an email to an individual email address. You will find that the address Finola.owens@nelincs.gov.uk has an automatic response asking that you contact LADO directly 3. If you are unsure whether the matter is a LADO referral, LADO will offer advice and consultation, if you provide contact details. 4. The LADO procedures and referral form are available on the internet, under LADO, as follows: <p>https://www.safernel.co.uk/report-a-concern/</p>		
<p>NELC Early Help Service</p>	<p>Undertake assessments such as Early help assessments, DASH assessment, Graded care profile and PAMS. Co-ordinate packages of support to families living with a number of issues such as complex neglect, domestic abuse, substance misuse, parental mental ill health and parental conflict.</p> <p>Vulnerabilities team support young people in the local community who are subject too or at risk of child criminal exploitation, child sexual exploitation and children that go missing from home and care.</p>	<p>Early Help threshold</p>	<p>Tel: 01472 326292 Option 2 (8.30am - 5pm Monday to Thursday 08.30am – 4.30pm Friday)</p> <p>Email: nelcchildrensfrontdoor@nelincs.gov.uk</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  MARF%20NELC%202021%20(With%20pr </div> <div style="text-align: center;">  Early-Help-Assessme nt-with-guidance.doc </div> <div style="text-align: center;">  Threshold-of-Need-2 020-Inc-Extra-Fam-Se </div> </div>

<p>NELC Family Group Conference (FGC) Nunsthorpe & Bradley Park Family Hub, Grimsby</p>	<p>The Family Group Conferencing Service is offered to families to give them a chance to find out what is happening within their family and to talk about how to overcome any problems they face. A Family Group Conference builds on the families own skills, strengths and personal knowledge to resolve difficulties for children and young people.</p>		<p>Tel: 01472 324987 Email: FGCReferrals@nelincs.gov.uk</p> <p>  FGC Guide for Referrers.pdf  FGC%20Referral.doc </p>
<p>NELC Conflict Resolution Mediation Service (FGC) Nunsthorpe & Bradley Park Family Hub, Grimsby.</p>	<p>The mediation service is available to, all families that are open to children's services who are involved in high level conflict that cannot be readily resolved by early intervention or prevention measures by FFP's, Social Workers and Practitioners using basic conflict resolution techniques.</p>		<p>Tel: 01472 324987 Email: FGCReferrals@nelincs.gov.uk</p> <p>  Mediation Guide For Users Leaflet.pdf  Mediation%20referral%20pathway%20(prc  FGC%20mediation%20referral%20form.doc </p>
<p>NELC Keeping Families Together (KFT) Civic Offices, Knoll Street, Cleethorpes, DN35 8LN</p>	<p>There needs to be an identifiable risk that the placement within the family there could be a breakdown; there needs to be recorded discussion with your TM / SM that KFT referral is required or case has been discussed with Snr Management at Legal Gateway Panel etc</p>	<p>11yrs +</p>	<p>E-mail for referral:- keepingfamiliesaltogether@nelincs.gov.uk</p>

<p>NELC GRAFT Team (child criminal exploitation) Civic Offices, Knoll Street, Cleethorpes, DN35 8LN</p>	<p>The GRAFT project is a Home Office funded specialist project that tackles the regional derivers of Child Criminal Exploitation (CCE), namely low aspiration substance misuse and involvement in the illegal drugs market.</p>	<p>High risk</p>	<p>Tel: 01472 326292 Option 2 (8.30am - 5pm Monday to Thursday 08.30am – 4.30pm Friday)</p> <p>Email: nelcchildrensfrontdoor@nelincs.gov.uk</p> <p>Complete MARF and Exploitation Screening Tool below and send both to the Integrated Front Door.</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  MARF%20NELC%202021%20(With%20pr </div> <div style="text-align: center;">  Exploitation%20Screening%20Tool.doc </div> </div>
<p>Safe Families</p>	<p>Offer bespoke packages of support, delivered through a network of volunteers, to families in crisis or in need. The Safe Families approach is holistic in nature and aims to work with families by supporting parents and/or working directly with children.</p>	<p>Refer to guidance document</p>	<p>Tel: 0115 922 7593</p> <p>For pre-referral enquiries please contact the referrals team at; Email: office.midlands@safefamilies.uk</p> <p>How to make a referral: https://refer.safefamilies.uk/ Referral code to use: 208</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  NEL%20-%20Safe%20Families%20-%20Fa </div> <div style="text-align: center;">  NEL%20Safe%20Families%20Connect%20t </div> </div>

<p>CatZero The Business and Digital Hub, Freeman Street Market, Grimsby, DN32 7DS</p>	<p>Address barriers to personal and family development, helping families to make lasting change through family activities.</p>	<p>East/ West Marsh/ Nunsthorpe & Cleethorpes</p>	<p>Email: info@catzero.org Tel: 01482 333303 Website: https://catzero.org/</p> <p>Referral Form:</p> <p> Referral%20Form%20CatZero.docx</p>
--	--	---	--

Organisation name	Service type	Restrictions	Contact
Other			
Michele Hargreaves/ Tracey Rudd Job Centre Plus Grimsby Bridge House, Grimsby	Able to do benefit calculations to show the financial benefits of working. Diagnostic interviews to find what their aspirations are and discuss the barriers that are preventing them from looking for work. Raise aspirations of the families and help them move in to work or closer to work – this may be training, volunteering, education etc.		Referrals can be made to us by contacting us - with details of the family/person including name and contact details and some back ground information and reason for referral. Michele Hargreaves Tel: 07584 150605 Email: michele.hargreaves@dwp.gov.uk or Tracey Rudd Tel: 07584 145920 Email: tracey.rudd1@dwp.gov.uk
Centre 4 Community Hub 17a Wootton Road, Grimsby DN33 1HE	The Centre4 team is on hand to provide free and friendly support about Benefits, Debt and Money Management, Housing, Employment, Relationships & Family, Employment.		Tel: (01472) 236688 E-mail: enquiries@centre4.org.uk Website: https://centre4.org.uk/
Thrive-Nel Centre 4 Community Hub 17a Wootton Road, Grimsby DN33 1HE	Thrive-NEL hold a male only support group on Wednesday's, 10am – 11:30am at Centre 4.		Tel: 01472 236673 to self refer Or a practitioner with consent can ring on their behalf and complete the referral form over the phone
Butterfly Mums Nunsthorpe & Bradley Park Family Hub, Sutcliffe Avenue, Grimsby, DN33 1AN	Butterflies Mums volunteers make home visits or have contact with families each week supporting mums and their families in differing situations. They provide a listening ear and offer non-judgemental, practical and emotional support, and help to build confidence and coping skills.	Expectant mother or at least one child living in the family home	Tel: 01472 326612 Email: sara.wagstaff@centre4.org.uk Referral Form: <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  Butterflies Mums Professionals Informa </div> <div style="text-align: center;">  02. A Parent's Guide.pdf </div> <div style="text-align: center;">  Professionals%20refe rral%20form%20Butt </div> </div>

Baby's Basket Baby Bank 2 Brigg Grove, Lincoln LN6 3NW	Any parent who lives in Lincolnshire and is struggling through financial hardship or other difficulties to provide for the practical needs of their new baby can be referred by a health or welfare professional to receive baby items.	Expectant mothers	Tel: 07486 534 641 Email: grownups@babysbasket.org.uk Website: https://babysbasket.org.uk/
Grimsby Dad's Collective YMCA Humber 21 Freeman Street, Grimsby, DN32 1AB	The Grimsby Dads Collective brings together fathers and carers who had a child under the age of 25, or soon-to-be fathers under the age of 25.	Young fathers 25 years and below	Tel: 07593586262 / 01472 359621 Email: debbie.taylor@ymca-humber.com Website: https://www.ymca-humber.com/what-we-do/family-support/grimsby-dads-collective/
Libraries in NELC	Grimsby Central Library, Town Hall Square, Grimsby, DN31 1HG Waltham Library, High Street, Grimsby, DN37 0LL Cleethorpes Library, Alexandra Road, Cleethorpes, DN35 8LG The Gingerbread House Library, Church Lane, Humberston, DN36 4HZ		
Lincs Inspire E-Library	Borrow eBooks, eAudiobooks, eMagazines and eNewspapers to read on your phone or tablet using the Libby app, by OverDrive.	All	Website: eLibrary (lincsinpire.com)
Business Hive Inspire Project	Vulnerable young people who are at a cross roads in their life and be able to divert them from being exploited in to criminality, by providing them with hope and aspirations.	16 years – 24 years	Referral form: https://forms.office.com/r/CXMkp2N0ff

<p>NSPCC Grimsby Service Centre Freshney Green Primary Care Centre, Sorrel Road, Grimsby, DN34 4GB</p>	<p>Together For Childhood/ Young SMILES Programme</p>	<p>East/ West Marsh area</p>	<p>Tel: 01472 803500</p>
<p>Oasis Hub South Grimsby Sutcliffe Avenue, Grimsby DN33 1AW</p>	<p>Advocate for better housing provision. encouraging education opportunities, supporting with applications, finding volunteering opportunities, or accessing counselling or well-being services.</p>		<p>Tel:07983298965 Email:Michelle.Donner@oasiswintringham.org Website: CONTACT US - (oasisouthgrimsby.org) Referral: Family & Youth Support Sign Up - Oasis Hub South Grimsby (office.com)</p>
<p>VANEL (Voluntary Action North East Lincolnshire)</p>	<p>VANEL develops, promotes, informs and supports the local voluntary, not-for-profit and charitable sector.</p>		<p>Tel: 01472 231123 Email: office@vanel.org.uk Website: http://vanel.org.uk/va/</p>
<p>Grimsby Geeks Welholme Works, Ladysmith Road, Grimsby</p>	<p>Group for anyone in NEL interested in technology, electronics, microcontrollers, robotics, 3D printing, gaming etc) Thursday afternoons 2-4pm.</p>		
<p>Shoots of Hope Community Allotment The Trin, Trinity Road, Cleethorpes</p>	<p>Tuesdays and Thursdays between 10am -1pm,</p>		

Organisation name	Service type	Restrictions	Contact
Baby/ Toddler/ Children's Groups			
Lincs Inspire Children's Groups	Shake, Rattle & Read Group Little Readers Group	Babies/ Children	Please refer to website for dates/ times Website: Children's Groups (lincsinspire.com)
Fusion Community Hub Every Thursday 6-8pm	Pool table/ playstation/ films/ tuck shop/ arts & crafts/ music/ free wifi and sports	10 years – 19 years	Website: www.fusioncentre.co.uk
Open Door Baby weigh in clinic Albion Street, Grimsby, DN32 7DL	Baby weigh in clinic	Babies	Every second Friday between 09:30am-12.30pm April 1 st , 15 th , and 29 th May 13 th and 27 th Tel: 01472 722000 Email: nel.opendoor@nhs.net
One Voice Community Project Old Library, Pelham Road, Immingham	Parent & Child Play Session FREE to attend	Babies/ Children	Mondays 1.00pm – 2.30pm Website: www.onevoicecommunity.com
Climb4 Limited Centre 4, Wootton Road, Grimsby, DN33 1HE	Interactive baby sessions	Babies	Tel: 01472 236668 Website: www.climb4.co.uk
Youth Group Old Library, Pelham Road, Immingham	Every Monday 6pm-8pm	11yrs – 16yrs	Tel: 01472 236688 (ext 270) or 07548825026 Email: info@climb4.co.uk

Trinity Boxing Academy Trinity Road, Cleethorpes, DN35 8UN	Boxing Club	6+ yrs	Email: hello@cleethorpestrinityboxingacademy.co.uk Website: Cleethorpes Trinity Boxing Academy
---	-------------	--------	--

If you are not sure what support you are looking for, speak to the **Families First Information Service on 01472 326292/**
<https://www.nelincs.gov.uk/fis/>

You can also access the below link to know what there is within the local community

[Simply Connect North East Lincs - connecting you to your local community](#)

[Community - Connect NEL](#)

Please email charlotte.gray@nelincs.gov.uk or machaela.stuart@nelincs.gov.uk

with up new or updated information on services so this can be added to the directory and re-sent out on a regular basis.