# Geographical barriers

Some people find it difficult to travel. This can create a barrier to accessing health and social care services.

1. Read the scenario below, then answer the questions.

You have a dental appointment. You work six days a week in a small village; you also live in the village. Your nearest dentist is in a town 14 miles away; it is open Monday to Friday. There are two buses into town in the morning and one back at 5 pm. There is a regular train that goes into town, but the station is 6 miles away and there is no bus to the station. You can drive, but you do not have your own transport.

* 1. Give **three** geographical barriers to visiting your dentist.

Barrier 1:

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Barrier 2: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Barrier 3: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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* 1. Suggest how you could overcome these barriers.

Overcoming barrier 1:

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Overcoming barrier 2: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Overcoming barrier 3: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. **CHALLENGE -** Some voluntary services provide direct transport to and from hospitals and GP appointments for a reasonable cost. Research services like this in the county you live in. Then draft a leaflet advising others what’s available. Remember to make your information clear and easy to understand. (You can use the space below and a notebook to answer.)