



JCA/NDA

8<sup>th</sup> October 2021

Dear Parents and Careers of Year 10 and Year 11 students

This year we are launching our new Personal Development curriculum. Students are taught a range of statutory requirements from the Department of Education, including Relationships and Sex Education (RSE). Year 11 started this work from September, and next half term this will continue and Year 10 will start to learn aspects of RSE too.

**The details for next half term for Year 10 are:**

Title	Objectives
When the time is right – different perspectives on sex in relationships	Describe the different attitudes people have regarding when the right time for sex is Explain why this may influence their decisions and behaviour with regard to their relationships
Diversity within relationships	Describe the different kinds of relationships that exist Explain why diversity exists within relationships
Consent: What is it? How do we give informed consent?	Describe what consent is Explain how people can give informed consent
Sexting and Texting: The law and your rights	Describe what sexting is Explain the law regarding sexting and how you can keep yourself safe
Contraception: What are the different types?	Describe the different forms of contraception that exist Explain the purpose of contraception
What happens if I get pregnant?	Describe what happens during pregnancy Explain what the different options are for pregnancy
What is an abortion? What are the different perspectives?	Describe what an abortion is Explain different perspectives of an abortion

**The details for next half term for Year 11 are:**

Title	Objectives
Sexual Health: STIs including HIV and effects on health	To describe symptoms of STIs and HIV To explain the consequences that these diseases have on health To explain where help can be sought for these conditions
Sexual Health: Endometriosis, PCOS, male infertility	To describe different diseases that can cause infertility and their symptoms To explain how these diseases can cause infertility To explain where help can be sought for these conditions (both physical and mental health)
Sexual Health: Changing bodies and the menopause	To describe how reproductive health changes over time To explain what the menopause is and symptoms of To explain how to live well with menopause and where to seek support (both physical and mental health)
The truth about pregnancy: miscarriage	To describe what a miscarriage is To explain the emotional and physical effects this may have on an individual and a relationship To explain where support can be found (both physical and mental health)

**Believe, Achieve, Succeed**

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OasisWintringham

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The truth about pregnancy: Unplanned pregnancies and options	To describe what is meant by an unplanned pregnancy To explain the options available when there is an unplanned pregnancy
The truth about pregnancy: Being a young parent	To describe the challenges of being a young parent
ACEs and coping with the future	To identify what ACEs are To describe how these may impact on future relationships including having children

We truly believe this education is essential for our students' preparation for a healthy life, but we realise for some parents these topics can be sensitive.

If you would like to know about our withdrawal process from RSE lessons, please read our Sex and Education Policy found on our website.

([https://oasiscommunitylearning.finalsite.com/uploaded/National\\_Policies/Sex\\_and\\_Relationships\\_Education\\_Policy.pdf](https://oasiscommunitylearning.finalsite.com/uploaded/National_Policies/Sex_and_Relationships_Education_Policy.pdf))

Yours sincerely



Mr J Cansdale  
Assistant Principal