



JCA/NDA

1st September 2022

Dear Parents and Carers of Year 10 Year 11 students

As part of the Personal Development curriculum, students are taught a range of statutory requirements from the Department of Education, including Relationships and Sex Education (RSE). Year 11 will continue this work from September.

**The details for next two half terms for Year 11 are:**

**Half Term 1**

Lesson	Title	Objectives
1	Everyone's doing it	To discuss whether everyone is having sex. To explore why people may believe that is the case. To identify why people may feel negatively about sex and their relationships.
2	Consent and sexual assault	To understand what is meant by the term consent. To identify what it means to consent, how to understand if a person gives consent and also if they do not.
3	Consent and the problem with alcohol and drugs	To discuss consent in relation to alcohol and drugs. To explain drugs and alcohol affect people differently and often affect a person's ability to make certain decisions. To identify not only what it means to consent but also to understand how drugs and alcohol can result in the giving of consent and that it can be withdrawn.
4	Pleasure and respect	To discuss how romantic relationships are portrayed. To identify how portrayals can affect our own romantic relationships. To explain the role social media has in our perception of the relationships of others.
5	Unhealthy relationships	To understand how unhealthy relationships can have serious consequences for our mental health and relationships with others. To identify unhealthy relationships. To know where to seek support and how to give advice where necessary.
6	Pornography	To understand how pornography can have a negative impact on us and our relationships. To identify the risks of pornography and navigate pornography safely.
7	Diversity in relationships	To use a range of terms relating to identity. To understand their context and how to use them without being offensive. To understand the problems people face because of their identity and diversity in relationships.

**Believe, Achieve, Succeed**

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OasisWintringham

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Lesson	Title	Objectives
1	Sexual Health: STIs including HIV and effects on health	To describe symptoms of STIs and HIV. To explain the consequences that these diseases have on health. To explain where help can be sought for these conditions.
2	Sexual Health: Endometriosis, PCOS, male infertility	To describe different diseases that can cause infertility and their symptoms. To explain how these diseases can cause infertility. To explain where help can be sought for these conditions (both physical and mental health).
3	Sexual Health: Changing bodies and the menopause	To describe how reproductive health changes over time. To explain what the menopause is and symptoms. To explain how to live well with menopause and where to seek support (both physical and mental health).
4	The truth about pregnancy: miscarriage	To describe what a miscarriage is. To explain the emotional and physical effects this may have on an individual and a relationship. To explain where support can be found (both physical and mental health).
5	The truth about pregnancy: Unplanned pregnancies and options	To describe what is meant by an unplanned pregnancy. To explain the options available when there is an unplanned pregnancy.
6	The truth about pregnancy: Being a young parent	To describe the challenges of being a young parent.
7	ACEs and coping with the future	To identify what ACEs are. To describe how these may impact on future relationships including having children.

We truly believe this education is essential for our students' preparation for a healthy life, but we realise for some parents these topics can be sensitive.

If you would like to know about our withdrawal process from RSE lessons, please read our Sex and Education Policy found on our website.

[https://oasiscommunitylearning.finalsite.com/uploaded/National\\_Policies/Sex\\_and\\_Relationships\\_Education\\_Policy.pdf](https://oasiscommunitylearning.finalsite.com/uploaded/National_Policies/Sex_and_Relationships_Education_Policy.pdf)

Yours sincerely



Mr J Cansdale  
Assistant Principal