

JCA/RBA

17th October 2022

Dear Parents and Carers of Year 8 and Y9.

As part of the Personal Development Curriculum, students are taught a range of statutory requirements from the Department of Education, including Relationships and Sex Education (RSE).

In half term 4 (20th February 2023-31st March 2023), Y8 will learn the following topics.

Lesson	Title	Objectives
1	Identifying healthy and unhealthy relationships	<ul style="list-style-type: none"> To identify qualities of a healthy and unhealthy relationship To understand what support is available if in an unhealthy relationship
2	What makes a romantic relationship healthy and respectful?	<ul style="list-style-type: none"> To describe qualities of a healthy and respectful romantic relationship
3	How do we manage our relationships online?	<ul style="list-style-type: none"> To describe appropriate uses of online media when discussing our relationships To explain the issues of catfishing and exploitation
4	Managing strong emotions in a relationship	<ul style="list-style-type: none"> To describe the types of emotions we feel when in a relationship To explain how we can manage strong emotions in a relationship
5	What is consent?	<ul style="list-style-type: none"> To describe what peer pressure and consent is To explain the importance of consent in everyday life to make others comfortable
6	How do we manage a breakup?	<ul style="list-style-type: none"> To describe emotions associated with a breakup To explain how we manage our breakup and manage the digital legacy of a relationship

Believe, Achieve, Succeed

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 OasisWintringham

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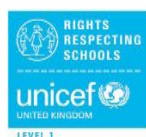
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They will also have similar themed tutor sessions as follows

21.11.22	Romantic relationships
09.01.23	Puberty
16.01.23	Pregnancy

For Y9 they will have tutor sessions

21.11.22	Sexual relationships
16.01.23	STIs

We truly believe this education is essential for our students' preparation for a healthy life, but we realise for some parents these topics can be sensitive.

If you would like to know about our withdrawal process from RSE lessons, please read our Sex and Education Policy found on our website.

([https://oasiscommunitylearning.finalsite.com/uploaded/National Policies/Sex and Relationships Education Policy.pdf](https://oasiscommunitylearning.finalsite.com/uploaded/National_Policies/Sex_and_Relationships_Education_Policy.pdf))

We are also holding a coffee morning and an evening event on the 8th of November for any parents that would like to meet and discuss the lessons we deliver and any suggestions or concerns you may have.

If you would like to attend, please use the link below.

<https://forms.office.com/r/8V1Juc47RD>

Yours sincerely



Mr J Cansdale
Assistant Principal