



JCA/SAP

26th July 2023

Dear Parents and Careers of Year 10 and Year 11 students

You may have seen in our latest Ofsted report, that Personal Development was recognised as a strength at our Academy. In Personal Development students are taught a range of statutory requirements from the Department of Education, including Relationships and Sex Education (RSE). Year 11 start this work from September to December 2023 and Year 10 will start to learn aspects of RSE too, from November 2023.

We truly believe this education is essential for our students' preparation for a healthy life, but we realise for some parents these topics can be sensitive.

If you would like to know about our withdrawal process from RSE lessons, please read our Sex and Education Policy found on our website.

(<https://www.oasiscommunitylearning.org/fs/resource-manager/view/43ef75b4-5649-4a1e-b155-ccb3b026711f>)

**The details for Year 10 students are:
Half Term 2;**

Title	Objectives
Rights, responsibilities and respect in relationships	To understand what respect is in a relationship and what our rights and responsibilities are to one another in a romantic relationship
Identifying coercive and abusive relationships and what to do about them	To identify coercive and abusive behaviour in a relationship and to understand where and how to seek support
FGM and Honour Violence	To describe what FGM and honour violence are and to explain why these are problematic for people who experience them
Forced Marriage	To describe what a forced marriage is and to explain why these are problematic for people who experience them
Child on Child Abuse	To describe what child on child abuse is and to explain why this is not tolerated within society or the Oasis Trust
Harassment and Upskirting	To describe what harassment and upskirting are and to explain the consequences and detrimental impact these can have on others' wellbeing

Believe, Achieve, Succeed

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 OasisWintringham

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Grooming	To describe what grooming is and identify elements that are indicative of grooming and where to go for support
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Half Term 3:

Title	Objectives
When the time is right – different perspectives on sex in relationships	Describe the different attitudes people have regarding when the right time for sex is Explain why this may influence their decisions and behaviour with regard to their relationships
Diversity within relationships	Describe the different kinds of relationships that exist Explain why diversity exists within relationships
Consent: What is it? How do we give informed consent?	Describe what consent is Explain how people can give informed consent
Sexting and Texting: The law and your rights	Describe what sexting is Explain the law regarding sexting and how you can keep yourself safe
Contraception: What are the different types?	Describe the different forms of contraception that exist Explain the purpose of contraception
What happens if I get pregnant?	Describe what happens during pregnancy Explain what the different options are for pregnancy
What is an abortion? What are the different perspectives?	Describe what an abortion is Explain different perspectives of an abortion

The details for Year 11 are: Half Term 1

Title	Objectives
Everyone's doing it	To discuss whether everyone is having sex To explore why people may believe that is the case To identify why people may feel negatively about sex and their relationships
Consent and sexual assault	To understand what is meant by the term consent To identify what it means to consent, how to understand if a person gives consent and also if they do not.
Consent and the problem with alcohol and drugs	To discuss consent in relation to alcohol and drugs To explain drugs and alcohol affect people differently and often affect a person's ability to make certain decisions To identify not only what it means to consent but also to understand how drugs and alcohol can result in the giving of consent can being withdrawn.
Pleasure and respect	To discuss how romantic relationships are portrayed To identify how portrayals can affect our own romantic relationships To explain the role social media has in our perception of the relationships of others
Unhealthy relationships	To understand how unhealthy relationships can have serious consequences for our mental health and relationships with others To identify unhealthy relationships To know where to seek support and how to give advice where necessary
The Impact of Revenge Porn	To understand how pornography can have a negative impact on us and our relationships To identify the risks of pornography and navigate pornography safely

Half Term 2

Title	Objectives
Sexual Health: STIs including HIV and effects on health	To describe symptoms of STIs and HIV To explain the consequences that these diseases have on health To explain where help can be sought for these conditions
Sexual Health: Endometriosis, PCOS, male infertility	To describe different diseases that can cause infertility and their symptoms To explain how these diseases can cause infertility To explain where help can be sought for these conditions (both physical and mental health)

Sexual Health: Changing bodies and the menopause	To describe how reproductive health changes over time To explain what the menopause is and symptoms of To explain how to live well with menopause and where to seek support (both physical and mental health)
The truth about pregnancy: miscarriage	To describe what a miscarriage is To explain the emotional and physical effects this may have on an individual and a relationship To explain where support can be found (both physical and mental health)
The truth about pregnancy: Unplanned pregnancies and options	To describe what is meant by an unplanned pregnancy To explain the options available when there is an unplanned pregnancy
The truth about pregnancy: Being a young parent	To describe the challenges of being a young parent
ACEs and coping with the future	To identify what ACEs are To describe how these may impact on future relationships including having children

Yours sincerely



Mr J Cansdale
Assistant Principal